

# Indian River Virtual Golf Academy

*On-Line Text and Video Learning Experiences*

*Learn Definitions and Talking Points*

*"Champions come from individuals and teams who not only have the WILL to WIN but also have the WILL to PREPARE to WIN".*

*In the preparation to win, the Indian River Golf Foundation believes the slogan:*

## **Character Over Skills**

*is the best pathway to excellence in youth sports.*

*To build Champions of Character, the IRGF points to the development of*

**Life Skills**

**Leadership Skills.**

### **Life Skills – 10 Qualities**

What does it mean when we say.....

#### **1) We are COURTEOUS!**

To be courteous is to show politeness in attitude and behavior toward others.

Players are encouraged to find ways to be courteous in all settings.

A courteous golfer would be someone who consistently respects other players on the course by arriving on time for their tee time, repairing divots and ball marks on the green, letting the group ahead of them play out of range before taking their shot and keeping noise to a minimum.

*Those who demonstrate these qualities set the stage for positive results.*

#### **2) We are RESPECTFUL!**

If you are respectful, you show consideration and regard for someone or something.

Be respectful of your fellow players, classmates, neighbors and turn off your iPhone when there is opportunity to have quality contact others. Being respectful of property is taking care of the course and equipment.

Respecting pace of play includes being ready to hit your shot promptly and not delaying the group behind you.

*Being respectful is a feeling of admiration.*

#### **3) We are HONEST!**

Scoring

Honesty is a core value in golf including taking penalties, calling penalties on Themselves, recording scores accurately, adhering to the rules. Become familiar with the Rules of Golf and follow them during play.

The number one complaint and the most dreaded charge from other players is the accusation of cheating. It is of utmost importance for each player to be very much

aware of their score for each hole and aware of the score of the player having a marker.

Some may consider a player not recording the correct score for a hole as being dishonest when in fact there are times when not all shots are recalled by a player. Be careful to accuse another player of cheating.

#### Playing the Game

Playing golf by the rules is paramount in posting the correct score.

*If in doubt as to a golf rule, players are authorized to play a second ball until a Tournament Official can assist in proper procedures.*

#### 4) We are FAIR!

Playing fair is a very desirable trait. If you use a rangefinder for determining yardages, it is fair to share this information with other players. It is important for tournament officials to set-up the course including tee marker locations and cup placements to be fair to all players.

*Respect the rules and equal treatment of all participants.*

#### 5) We are CARING!

People are faced with any number of challenges every day that tests their abilities to cope. While others are more prepared to cope with a variety of circumstances, others may find it difficult to adjust. Be in a constant state of “reading” the emotions of others.

By doing so, individuals can approach others in a caring way and with empathy.

*A way to demonstrate caring is to display kindness and concern for others.*

#### 6) We are PERSISTENT!

Young players who are persistent in pursuing excellence in shot-making will eventually prevail. Other players including teammates will have gained by watching others demonstrate persistence. Being persistent as a team is a clear message of making changes in the team culture.

*A persistent team is a team that is determined to excel.*

#### 7) We are POSITIVE!

Everyone likes to see an achiever demonstrate a positive attitude at all times. A positive attitude is a way of thinking and feeling that focuses on the good of a situation. A positive attitude is essential to happiness, joy and progress on the golf course and in life.

*Positive attitudes anticipate positive results.*

**8) We are RESILIENT!**

Being resilient is being able to withstand or recover quickly from difficult conditions. Being resilient is trying to take a positive perspective on situations. View challenges as Learning opportunities. Learn how to regulate or balance your emotions and how to express feelings in appropriate ways.

*Focus on the things you can control instead of dwelling on what you cannot change.*

**9) We are OVERCOMERS!**

Being an overcomer is the script for a major movie release. An overcomer is a person who prevails over challenges, difficulties or opposition. They can also be someone who defeats a person or thing in a conflict or struggle and does so with dignity. If you are struggling while dealing with a conflict, it is important at some point you seek professional assistance.

*It is important to be strong in the faith that truth and persistence would overcome in spite of the odds.*

**10) We have SELF-RESPECT!**

To have self-respect is to demonstrate pride and confidence in oneself. It is a feeling that one is behaving with honor and dignity.

Qualities of Self-Respect are:

Standing up for what you believe in while being respectful

Being there for a friend

It is not about power and not about control but is about being true to your convictions.

*Acknowledge your worth. Remind yourself that you have value as a person.*

**WE ARE IRGF!**

When youth players embrace and demonstrate these pillars of **Life Skills**. Others will follow in Respect and Admiration. When this happens, each player can make the declaration

**WE ARE IRGF!**

## Leadership Skills – 10 Qualities

What does it mean when we have these qualities.....

### 1) We have VISION!

As it relates to you as an individual or as an organization, vision is converting a thought to a concept of what can be. It is the ability to imagine what is a desired result of the future. A Vision Statement is an attempt to paint a picture of desired outcomes of implementing a plan moving forward. A Vision Statement is a concise declaration that outlines an organization's long-term aspirations and desired future state.

*Leadership is the capacity to translate vision into reality. – Warren Bennis*

### 2) We show COURAGE!

Courage is the strength of mind to carry on in spite of danger or difficulty. Courage involves making good choices in the face of fear or Obstacles. It is another term for bravery. It does not mean fearlessness. It means we do not let fear hold us back from exploring new opportunities, developing our skills and doing what is right.

*Courage is grace under pressure. – Ernest Hemmingway*

### 3) We demonstrate INTEGRITY/ TRUTHFULNESS!

The quality of being truthful and having strong moral principles that you refuse to change. It is the state of being whole and undivided.

Three attributes that contribute to being a person with integrity and how to display these traits:

- Dependability means people can rely on you and that you keep promises
- Loyalty – Employers especially value and appreciate the loyalty of their employees
- Honesty – Opportunities present themselves everyday to being truthful.

*"Integrity is doing the right thing, even when no one is watching".*

*– C. S. Lewis*

#### 4) We show HUMILITY!

Humility means recognizing your limitations and accepting them, as well as being modest about your achievements.

It's about your achievements. It's about having an accurate self-perception, valuing the perspective of others and focusing on growth and connection.

True humility involves acknowledging your own imperfections and being willing to

learn from others, leading to greater personal satisfaction.

How to demonstrate humility?

- Active Listening and Seeking Feedback

- Acknowledging Strengths and Limitations

- Serving Others and Putting their Needs First

- Recognizing Others and Celebrating Their Achievements

Humility in Interactions:

- Be teachable

- Ask questions

- Be grateful

*"True humility is not thinking less of yourself, it is thinking of yourself less"*

*C. S. Lewis*

#### 5) We apply STRATEGIC PLANNING!

Strategic planning is a process where individuals or organizations define their future direction, set goals and develop strategies to achieve them. This often involves resource allocation and continuous reassessment. It's an ongoing process that helps individuals or organizations to align their efforts, manage resources efficiently and measures progress towards their mission and vision.

Key ingredients to STRATEGIC PLANNING:

- Define Future Direction

- Setting Goals and Objectives

- Create Roadmaps of Actions

- Resource Allocation

- Continuous Assessment and Adjustment

- Aligning Stakeholders

- Data Analysis and Sound Reasoning

- Creating a Plan

*"Dreams without creating a plan or goal will remain only a dream"*

*Source unknown - submitted by Roger Van Dyke*

## 6) We ANTICIPATE TRENDS,

Anticipating trends or forecasting what is likely to happen in the future offers significant value to individuals and organizations. It helps them to make informed decisions, identify opportunities, mitigate risks and gain a competitive edge by understanding how changes in the market will impact their operations and strategies. In essence, anticipating trends is about being proactive and forward-thinking. It's about understanding what's coming next and being prepared to capitalize on the opportunities and challenges that will arise.

How to spot trends before they happen?

- Social Media

- Data Analysis

- Visual Analysis

- Qualitative Research

- Monitor Computer Activity

- Explore Trend Spotting Websites

*"The best way to predict the future is to create it."*

## 7) We are INNOVATORS!

Innovators are individuals who introduce new ideas, products or services, or significantly improve existing ones. They are often seen as forward-thinking and creative, possessing the ability to challenge the status quo and develop groundbreaking solutions.

Innovators may be

- Inventors

- Entrepreneurs

- Those who bring new perspectives and approaches to existing systems.

Characteristics of Innovators

- Create New Ideas

- Improve Existing Products

- Vision and Creativity

- Risk-Takers

- Problem Solvers

*"Innovation distinguishes between a leader and a follower."*

*Steve Jobs*

## 8) We FOCUS on RESULTS!

Focusing on results involves setting clear goals, defining success metrics and tracking progress . It ensures that efforts are aligned with achieving the desired results.

- Set Clear Goals and Objectives

- Define Success Metrics

- Track Progress

- Prioritize Impactful Actions

- Be Adaptable and Flexible

- Maintain a Positive Attitude and Motivation

### Benefits of FOCUSING on RESULTS

- Increased Productivity and Efficiency

- Improved Performance and Outcome

- Enhanced Accountability

- Greater Motivation and Engagement

- Continuous Improvement

*"Quality is never an accident. It is always the result of intelligent effort."*

John Ruskin

## 9) We can CHANGE the COURSE of ACTIVITIES for the GOOD!

Changing the course of activities for the good offers significant value, leading to:

- Improved Outcomes

- Enhanced Experiences

- Personal Growth

- Continuous Improvement

- Efficiency and Productivity

### What does change teach us?

- Allows us to develop new skills

- Overcoming Challenges

- We can achieve goals that previously seemed unattainable.

*"Education is the most powerful tool which you can use to change the world"*

Nelson Mandela

10) We can REPEAT the PROCESS!

Repeating successful processes provides numerous benefits including:

Increased Efficiency

Consistency

Predictability

Measurable Performance Improvement

By consistently applying proven methods, individuals and organizations can build upon their successes.

“Success is the sum of small efforts repeated daily.”

Robert Collier

**WE ARE IRGF!**

When youth players embrace and demonstrate these pillars of **Leadership Skills**, others will follow in Respect and Admiration. When this happens, each player can make the declaration

**WE ARE IRGF!**

For additional information, contact:

Roger Van Dyke, Founder/President

Indian River Golf Foundation

[rogervandykeirgf@gmail.com](mailto:rogervandykeirgf@gmail.com)

(772) 713-9593